

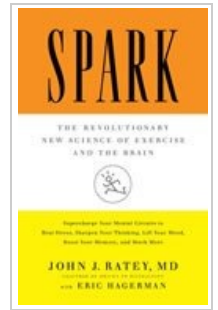
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**Dr. John Ratey to speak at Appalachian on March 22 at 6:00pm**

Join the College of Health Sciences, Appalachian District Health Department and Be Active-Appalachian Partnership for An Evening with Dr. John Ratey on March 22, 6:00 - 8:00pm at the Broyhill Events Center. Author and researcher Dr. John Ratey, a Harvard professor, will share his latest research and offer real life stories about the schools who have chosen his no-cost approach to integrating regular aerobic exercise into the school environment and its impact on student academic performance.

Child care will be provided free of charge and teachers in the Alleghany, Ashe and Watauga county school systems will receive continuing education credit for attending. Please RSVP to Beth Fornadley at [bethf@apphealth.com](mailto:bethf@apphealth.com).



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CONTACT

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